

The Village at Duxbury is managed by Welch Senior Living, the leader in senior housing and services on the South Shore. Serving South Shore seniors and families for over 70 years.

781-679-5035 www.VillageAtDuxbury.com 290 Kingstown Way Duxbury, MA 02332



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The Village at Duxbury

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**FALL 2023** 

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## Get to Know The Village



### A Great Place to Live With Easy Access to A Continuum of Care

The Village at Duxbury offers a full array of living options and services designed to maximize your freedom and independence.

#### Apartment Homes

Our main building offers a choice of more than twenty different floor plans—all beautifully refurbished and fully-applianced. Great amenities are just steps away, including a heated indoor swimming pool, state-of-the-art fitness center, three dining venues, general store, bank branch, art studio, walking paths and a greenhouse. Your predictable monthly fee includes 24-hour security, maintenance, local transportation, emergency response and an impressive variety of health, fitness, educational, cultural and entertaining programming.

Call Sales Manager Harriet Voyt at 781-679-5035 for more information.

### Fast Facts About The Village at Duxbury:

- Choice of elegant Garden Homes, gracious two-bedroom apartment homes and spacious one-bedroom apartment homes
- Resident-owned and governed by the Cooperative Corporation's Board of Directors
- Developed and managed by Welch Senior Living, a fourth-generation, family-run, locally owned business

#### Garden Homes

The Village is the South Shore's only continuing care retirement community offering a Garden Home option. Each Garden Home features more than 2,000 square feet of living space with a modern, open floor plan, attached garage and access to all of the amenities our apartment home residents enjoy.

Call Sales Manager Harriet Voyt at 781-679-5035 for more information.

### Key Elements of The Village's Continuum of Care:

- Memory Care, Duxbury House at The Village.
   Contact: Mary Brennan, 781-298-0297
- Assisted Living, Allerton House.
   Contact: Mary Brennan, 781-660-3704
- Home Care, Village Home Services.
   Contact: Kathy Pooler, 781-679-5056
- Rehabilitation and Long-term Care, Bay Path.
   Contact: Bethany O'Connor, 781-585-5561
- Primary Care, the practice located in The Village's on-site medical office building is managed by ConcertoCare. Contact: Monica Mello, 781-582-1402



## Village Update From Sales Manager Harriet Voyt

We love the fall at The Village. Our landscaper has planted the mums, and all of us are relishing the last of the warm weather before we hunker down for the winter.

Let's talk unit availability. 2023 was extremely busy for the sales office, with many people trying to make the most of the hot real estate market by selling their houses and finding a new home here at The Village. Independent Living Garden Homes and apartments are fully sold out, with a growing waiting list. But don't

worry; getting onto our waiting list is uncomplicated and free. Simply come for a visit. If you like what you see, I will add you to our no-cost list and call you when something you might like becomes available. And units do become available frequently, so don't get discouraged! The Village is worth waiting for, and I'll have something for you before you know it.

We also have several new project updates. 2023 has been a very busy year for capital projects at The Village. We have modernized our two dining venues and five elevators, and, this fall, all of the common areas are being recarpeted.

If you haven't been to The Village lately, or even at all, I warmly encourage you to visit. One of the more popular ways to do so is by attending one of our informational luncheons (see below for event information).

Harriet Voyt
Harriet Voyt
Sales Manager

P.S. – Did you know that within The Village at Duxbury Independent Living Community, we have our own Allerton House Assisted Living residence? If you or a family member are having a difficult time managing the activities of daily living, call my colleague Mary Brennan at 914-339-2100, or email her at mbrennan@villageatduxbury.com, to learn more about our current move-in specials at Allerton House Assisted Living at The Village at Duxbury!

Call Sales Manager Harriet Voyt at 781-679-5035 to schedule an in-person visit today or take a video tour at www.villageatduxburyvideotours.com.

## Try It, You'll Like It Lunch & Learn Event



Intrigued by what you've heard about The Village? Come to one of our events. We invite you to learn a little bit about how The Village works from our sales manager and executive director. Sample our food, meet some of the people who live in the community, and see our beautiful apartments. Reservations are required.

Thursday, October 26 • 11:30 AM Wednesday, December 6 • 11:30 AM Wednesday, January 17, 2024 • 11:30 AM

Space is limited, RSVP to 781-328-2351.

### Celebrating the Arts at The Village

Every month at The Village, the calendar of events is chock full of concerts; trips to museums and galleries; painting classes; flower arranging; and theatrical performances. Musical interests run the gamut here and include classical, jazz, popular, opera, and rock and roll.



# Two of the Best-Kept Secrets of the South Shore

#### The Village and The Phil

The Village at Duxbury is a longtime sponsor of the Plymouth Philharmonic Orchestra. The Phil has been a pillar of the fine arts community of the South Shore for over a century. For the last thirty years, the orchestra has been led by Conductor Steven Karidoyanes—a frequent presenter at The Village. During his visits, he previews upcoming performances in-depth and engages with residents of the community.

In addition to the sponsorship The Village provides, many residents of the community over the years have supported the Phil as subscribers, donors, and volunteers. Currently, two Village residents serve on its Board of Directors.

Like The Village, the Phil flies somewhat under the radar and is not as well-known as it should be. Those who attend their first performance are often amazed by how excellent it is. Many first time Phil goers become regular attendees.

### Special Offer for Navigator Readers

If you would like to give the Phil a try, The Village has purchased some tickets for the upcoming season. Give Barbara Costa in our sales office a call at 781-328-2351 if you would like a complimentary pair of tickets. First come, first serve while supplies last.



#### 2023–2024 Season Highlights

**November 4 -** Simply the Best

November 17 - Baroque & Beyond

**December 9 & 10 -** Hometown Holiday

**January 20 & 21, 2024 -** What the World Needs Now: Burt Bacharach & Friends

March 10, 2024 - Hocus Pocus: Magical Music

March 23, 2024 - Great Collaborations

**April 27 & 28, 2024 -** The Queens of Rock & Soul: Tina Turner & Aretha Franklin

Call 508-746-8008 or visit plymouthphil.org for performance times and ticketing information.



## Tips on Downsizing & Decluttering

#### SATURDAY, OCTOBER 28TH • 10:00 AM

A presentation by Courtney Newcomb, Arrange South Shore

Join us for an informative seminar for tips on downsizing and decluttering from Courtney Newcomb of Arrange South Shore. Courtney has moved 29 times in her life and is an expert on getting people ready to make their move. Enjoy light refreshments, including the baked apples recipe on this page, while you have all your questions answered.

If you're really feeling motivated, bring that stack of documents you've been waiting to shred! We'll be hosting the Shred-it® mobile truck on-site from 10:30 AM–12:00 PM to satisfy all your shredding needs.

### Simplify Your Living, Energize Your Life

A move to The Village doesn't have to be hard. Our team includes Move-In Coordinator Barbara Costa and Arrange South Shore Founder Courtney Newcomb. Reserve your new home at The Village this fall and we'll pay for eight hours of organizing with Courtney.

Call 781-679-5035 for details!



#### The Village Baked Apples

#### **Ingredients**

- 3 medium-sized apples
- ½ cup dry oats
- ½ cup white flour
- ½ cup light brown sugar
- 1 stick of lightly salted butter, melted
- 1 teaspoon of cinnamon
- 1 pinch of ground ginger

Slice whole apples in half. Using a melon baller, scoop out the core and seeds, and arrange apples in an oven-proof pan. Combine the remaining ingredients in a mixing bowl, and top the apples with the mixture. Try not to pack the topping too tightly so it looks nice and crumbly.

Bake in a preheated 350-degree oven until the topping is brown and the apples are tender. Cooking time will vary depending on the type of apple but will be around half an hour. We serve ours warm with a dollop of freshly whipped heavy cream and a shake of cinnamon. Yum!

### By Land or By Sea?

#### **By Land**

Carol Merry moved to the Village and never looked back. Shifting from a lifetime of living in houses in Duxbury to an apartment at the Village at Duxbury did not come without its share of angst, but with the help of her daughter and daughter-in-law, Carol Merry is very happy to have made this transition. Carol describes the atmosphere of her space as "Pretty, bright, and uplifting". While some downsizing was necessary, bringing along favorite photographs of kids and grandkids, cherished books, artwork, and other treasured items have made her new space feel like home.

Carol compares move-in day at the Village to one of the shows on HGTV when they unveil the updated space. Carol loved the updates and decorations that she commissioned and the skepticism she had about moving were alleviated when she laid eyes on her new home. As she said, "when I'm in my apartment, I feel utter delight and a strong sense of safety".



Pictured above: Carol Merry in her home here at The Village at Duxbury



#### By Sea

Dan and Courtney Newcomb put conventional wisdom to the test when they sold their family house and moved into a 48-foot trawler. They have subsequently gotten an even bigger vessel, the 59-footer pictured above. They have been logging their travels on the social media site TikTok, where they have over 40,000 followers (@untoldatsea).

We've gotten to know Courtney over many years because her company, Arrange South Shore, has been helping people move from their houses to communities like The Village at Duxbury. Before she heads south for the winter, Courtney will be at The Village on Saturday, October 28th at 10:00 AM to give a presentation on getting organized for a move. She will also share some of her stories about her adventures at sea with Dan.