



The Village at Duxbury

Life is better in a Village

The Village at Duxbury is managed by Welch Senior Living, the leader in senior housing and services on the South Shore. Serving South Shore seniors and families for over 70 years.

888-336-1349

www.VillageAtDuxbury.com

290 Kingstown Way

Duxbury, MA 02332



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The Village at Duxbury

SPRING 2023

THE NAVIGATOR

THE SOUTH SHORE'S BEST KEPT SECRET FOR AN INVIGORATING LIFESTYLE.

A Great Place to Live With Easy Access to a Continuum of Care

The Village at Duxbury offers a full array of living options and services designed to maximize your freedom and independence.

Is The Village in your future?

Call today to learn about our hassle-free, no-cost waiting list. Availability is currently low, but give us a call to see what we have on the market. If what we have to offer now isn't a good fit—or the timing isn't right—let us know, and we'll put you on our free, no-obligation waiting list. Come see why life is better in a Village!

Call Sales Manager Harriet Voyt at 888-336-1349 for more information.



Inside: An Update from Harriet Voyt, Senior living choices, Come see for yourself...opportunities to visit the Village at Duxbury



Get to Know The Village



A GREAT PLACE TO LIVE WITH EASY ACCESS TO A CONTINUUM OF CARE

The Village at Duxbury offers a full array of living options and services designed to maximize your freedom and independence.



Village Update From Sales Manager Harriet Voyt

The Village is the perfect place to ride out the winter. Cast your worries to the side, as our community was designed with your lifestyle and best interests in mind. While many are hunkered down for the day when the sun sets, here at The Village, many residents are enjoying a festive meal with neighbors in our newly renovated dining room and taking a trip to a concert or a movie afterwards. That said, we love the warm weather and are enjoying the days getting longer. Spring will be here soon, and The Village will be in full bloom before we know it.

When it comes to availability, we had a very successful previous year in our sales office and already started 2023 fully sold out with a growing waiting list. But don't worry; getting onto our waiting list is uncomplicated and free. Simply come for a visit. If you like what you see, I will add you to our list and will call you when something you might like becomes available. The Village does not charge to be on our waiting list.

We are doing a complete renovation of our Café and the modernization of our elevators is underway. The Village is constantly making improvements to our community, and I frequently hear from our residents their appreciation for not having to worry about this type of maintenance anymore.

If you haven't been to The Village lately, or ever at all, I warmly encourage you to visit. Our informational luncheons are a popular attraction for new and returning guests. We hope to see you at one of these upcoming events on March 23rd, April 12th or May 23rd.

Harriet Voyt
Harriet Voyt
Sales Manager

P.S. – Did you know that within The Village at Duxbury Independent Living Community, we have our own Allerton House Assisted Living residence? If you or a family member are having a difficult time managing the activities of daily living, call my colleague Mary Brennan at 781-298-0297, or email her at mbrennan@welchrg.com to learn more about our current move-in specials at Allerton House Assisted Living at The Village at Duxbury!

Call Sales Manager Harriet Voyt at 888-336-1349 to schedule an in-person visit today, or take a video tour at www.villageatduxburyvideotours.com.

Apartment Homes

Our main building offers a choice of more than twenty different floor plans—all beautifully refurbished and fully-applianced. Great amenities are just steps away, including a heated indoor swimming pool, state-of-the-art fitness center, three dining venues, general store, bank branch, art studio, walking paths and a greenhouse. Your predictable monthly fee includes 24-hour security, maintenance, local transportation, emergency response and an impressive variety of health, fitness, educational, cultural and entertaining programming.

Call Sales Manager Harriet Voyt at 888-336-1349 for more information.

Fast Facts About The Village at Duxbury:

- Choice of elegant Garden Homes, gracious two-bedroom apartment homes and spacious one-bedroom apartment homes
- Resident-owned and governed by the Cooperative Corporation's Board of Directors
- Developed and managed by Welch Senior Living, a fourth-generation, family-run, locally owned business

Garden Homes

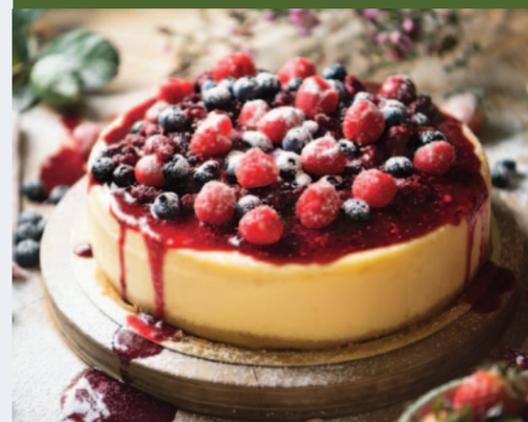
The Village is the South Shore's only continuing care retirement community offering a Garden Home option. Each Garden Home features more than 2,000 square feet of living space with a modern, open floor plan, attached garage and access to all of the amenities our apartment home residents enjoy.

Call Sales Manager Harriet Voyt at 888-336-1349 for more information.

Key Elements of The Village's Continuum of Care:

- Memory Care, Duxbury House at The Village. Contact: Mary Brennan, 781-298-0297
- Assisted Living, Allerton House. Contact: Mary Brennan, 781-298-0297
- Home Care, Village Home Services. Contact: Shelby Feid, LPN, 781-679-5051
- Rehabilitation and Long-term Care, Bay Path. Contact: Bethany O'Connor, 781-585-5561
- Primary Care, the practice located in The Village's on-site medical office building is managed by ConcertoCare. Contact: Monica Mello, 781-582-1402

Try It, You'll Like It LUNCH & LEARN EVENT



Intrigued by what you've heard about The Village? Come to one of our events. We invite you to learn a little bit about how The Village works from our sales manager and executive director. Sample our food, meet some of the people who live in the community and see our beautiful apartments. Reservations are required.

Thursday, March 23 • 11:30 AM
Wednesday, April 12 • 11:30 AM
Tuesday, May 23 • 11:30 AM

Space is limited, RSVP to 781-328-2351.



Learning About Retirement Community Living, a Primer

The term “retirement community” can be applied to many different styles of housing, all of which are found on The Village at Duxbury’s 38-acre campus. If given their preference, most people prefer not to move and will put off a move for as long as possible. People often accomplish this by hiring individuals and services to make their existing living situation work—landscapers, housekeepers, handymen, cooks and personal care providers.

Come Out of Retirement

Retirement isn't the end; it's just the beginning. Without the burdens associated with owning and maintaining a house and yard, senior living residents are free to spend their retirement however they choose—exploring new hobbies, rediscovering their night lives. The Village lifestyle offers this freedom and more, so you can pursue your interests with the peace of mind that comes with living in a caring community filled with interesting people—surrounded by opportunities to explore the best life has to offer.

Senior living isn't what it used to be. At The Village, older adults can experience their next chapter in a lifestyle rich with amenities and extras to make the most of each day. And with a daily calendar boasting fitness classes, concerts, craft workshops, social clubs and more, it's easy for you to live life your way.

**DON'T JUST RETIRE. RE-IMAGINE YOUR FUTURE.
RE-KINDLE YOUR PASSIONS. RE-DISCOVER LIFE AFTER RETIREMENT.**

Senior Living Options on the Village Campus

TYPE OF SENIOR LIVING	QUICK SUMMARY
The Village at Duxbury Independent Living apartments and garden homes	Provides a vibrant and maintenance-free lifestyle with a predictable monthly cost of living.
Allerton House Assisted Living at The Village	Spacious apartments, restaurant-style meals and fine amenities alongside courteous personal care, wellness programming and a full calendar of activities.
Duxbury House Memory Care at The Village	Specialized care for those living with cognitive impairment to maximize independence while living in private suites in beautiful, homelike, intimate households.
Bay Path Nursing and Rehabilitation Center	Private and semi-private rooms with personalized long-term, rehab and skilled care maximize independence to help patients and residents make the most of each day.

While the price of senior living may seem high at first glance, these costs are less than what many people are paying to stay in their houses—especially if they are paying for personal care. Property taxes, homeowner’s insurance, oil, gas, electricity, landscaping, trash removal, extermination, maintenance, repairs and snow removal all add up and are all included in the monthly fees The Village and other senior living communities charge. Many other benefits and services are provided; these will vary depending on the level of care and the type of senior living.

Want to learn more? Contact information for all options can be found on page 2 under the "Key Elements of The Village's Continuum of Care" section.



ALZHEIMER'S TREATMENTS TO SLOW DOWN DISEASE PROGRESSION: FINALLY MOVING FROM HOPE TO REALITY

Join us for a presentation delivered by **Neurologist Dr. Donald Marks**. This event is free and the public is encouraged to attend.

Details:

-  Tuesday, April 18
-  2:00 pm
-  The Village at Duxbury Meeting Room: 290 Kingstown Way, Duxbury, MA

Additional Information:

This in-person event is hosted by Duxbury House Memory Care Residence & Allerton House at The Village at Duxbury. The lecture will take place in the Meeting Room at The Village at Duxbury. Whether you or a loved one needs Traditional Assisted or Assisted Living Memory Care, Welch Senior Living offers both options on The Village at Duxbury campus. Register by following the QR code or by contacting Mary via the details below.

For more information or to RSVP, contact Mary at:

-  781-298-0297
-  mbrennan@welchhrg.com



Sample The Village

Come and see for yourself why there's a waiting list to move into The Village at Duxbury. Here are a few opportunities to sample The Village life; check out the **Events** page on our website for more opportunities.



ENJOY A LECTURE

Long-time New Englanders might recognize the name Hank Phillip Ryan. Hank has spoken at The Village before, and we are happy to have her back. At this event, she will be discussing her new book, a twisty thriller titled **Her Perfect Life**, on Thursday, March 30th, at 11:30 AM. Space is limited, and reservations are required to attend.

OBSERVE A FITNESS CLASS

At The Village at Duxbury, there are endless opportunities to improve your strength, stamina, balance and overall health. If exercise is your passion, or you just want to see what's available, we invite you to come observe our various classes. Our calendar includes yoga, strength training and water aerobics, to name just a few. One-on-one tours of our Fitness Center with a member of the fitness team are also available. Please give us a call to let us know what you'd like to see. Reservations are required.



COME TO A CONCERT

Village residents love music across genres. Bombay Jim and the Swinging Sapphires are on The Village's calendar for Thursday, April 20th, at 4:30 PM, and we're reserving a handful of seats for prospective residents. If you'd like to join us, please call to let us know as soon as possible. Space is limited, and reservations are required to attend.

To partake in any of the above, please call 781-328-2351.
If we miss you, please leave your name and number, and you'll get a call back promptly.