

VILLAGE

Happenings



February 2023

Charmaine J. Forde (Talk Show Host and D.J.) has said that though February is short, it is filled with lots of love and sweet surprises. The Village is in agreement with her sentiments. This February we are celebrating Love, Mardi Gras, and Black History Month. Our Village love theme is reflected in the music which will include the Amanda Carr and John Foster Duo, and a Harpist Concert with a performer from The Gilded Harps of Boston on Valentine's Day followed by champagne and a decadent dessert. The International String Trio will return and the Anthony Geraci Trio will entertain as we celebrate Mardi Gras. Several "love themed" movies will be shown in February. Also, please stop by the main lobby to view the "LOVE" display. Trips to both the Cape Symphony and "Phantom of the Opera" are on the calendar as well. The VAD Book Club, which is open to all residents, will be discussing the Harper Lee novel To Kill a Mockingbird and the following day the film To Kill a Mockingbird starring Gregory Peck will be shown. These events and so many more will entertain, inform and delight during February.

Wednesdays	Love Stories on the Big Screen (See Just For Fun)
Wednesday, February 1	Notecard Designing Craft (See Just For Fun)
Thursday, February 2 & 16	Drama Club Rehearsals (See Just For Fun)
Thursday, February 2	Amanda Carr Duo in Concert (See Music)
Friday, February 3	Lunch at Square Café (See Short Trips)
Sunday, February 5	Company Theatre (See Featured Trips)
Monday, February 6	Women's Breakfast (See Special Dining)
Monday, February 6	Duxbury Art Complex Museum Lecture (See Lectures)
Tuesday, February 7	Shopping at Marshall's (See Short Trips)
Tuesday, February 7	Residents Association Meeting (See Village Business)
Wednesday, February 8	Open Session for your Mobile Device (See Lectures & Courses)
Thursday, February 9	Erika Reitshamer Opera Lecture (See Lectures & Courses)
Friday, February 10	International String Trio in Concert (See Music)
Sunday, February 12	Valentine Brunch (See Special Dining)
Sunday, February 12	Cape Symphony (See Featured Trips)
Monday, February 13	The History of Valentine's Day (See Lectures & Courses)
Tuesday, February 14	Harpist and Dessert (See Music)
Wednesday, February 15	Embellished Wooden Block Workshop (See Just For Fun)
Wednesday, February 15	Ocho Cafe and Shopping at The Paper Store (See Short Trips)
Thursday, February 16	Ice Cream Social (See Just For Fun)
Friday, February 17	Coffee with Luke (See Village Business)
Friday, February 17	Open Session for your Mobile Device (See Lectures)
Monday, February 20	Team Trivia (See Just For Fun)
Tuesday, February 21	Village Voices Spring Rehearsal (See Weekly Happenings)
Tuesday, February 21	Duxbury Library Presentation (See Just For Fun)
Tuesday, February 21	Mardi Gras Concert with the Anthony Geraci Trio (See Music)
Wednesday, February 22	Open Session for your Mobile Device (See Lectures & Courses)
Thursday, February 23	Sheriff's Department ID Cards (See Lectures & Courses)
Thursday, February 23	Health and Wellness Open House (See Health and Wellness)
Thursday, February 23	Book Club (See Just For Fun)
Friday, February 24	Men's Breakfast (See Special Dining)
Friday, February 24	Shopping at Trader Joe's (See Short Trips)
Monday, February 27	Open Session for your Mobile Device (See Lectures)
Tuesday, February 28	Shopping at Macy's (See Short Trips)
Tuesday, February 28	Jack Craig (See Music)

DINING

Dining Information during the Cafe Renovation will be provided by Dining Manager Ed Sawan.



Welcome to Joyce's Open Table! Joyce's Open Table

(JOT) was started several years ago by Joyce Levinson, a former resident, and a group of friends to allow residents a way to meet other residents while enjoying dinner in the Village Dining Room. It was popular when started but put aside during Covid. JOT is now ready to start again sometime this month. We hope all who would like to have dinner while meeting new residents will join us on Wednesday evenings.

SPECIAL DINING EVENTS



Monday, February 6, 9:00 AM, Women's Breakfast, DR

Once a month the ladies of The Village get together for a special breakfast, and all are welcome! **Please sign up in the Resident Services Activities Binder located in the Rita Welch Room.**



Sunday, February 12, 12:00 PM, Valentine's Day Brunch, DR

If you have never treated yourself to a Village brunch, you're missing out. Join your neighbors for a fabulous buffet of brunch and lunch specialties. Please make reservations through Dining Services. The Café is closed for breakfast and lunch but open for dinner. The Dining Room is closed for dinner. **Look for the Dining Reservation Form in your mailbox.**



Tuesday, February 21, 6:00 PM, Special New Orleans Style Cuisine Selections Added to the Menu, Dining Room

In honor of Fat Tuesday (Mardi Gras), Chef Michelle and her staff will add a few additions to the dinner menu to reflect the cuisine of New Orleans.



Friday, February 24, 9:00 AM, Men's Breakfast, Dining Room

Gentlemen of The Village get together for a special breakfast, and all are welcome! **Please sign up in the Resident Services Activities Binder located in the Rita Welch Room.**



FITNESS

The Fitness Department will be doing a February Fitness Challenge. It will be a cardio challenge in which everyone is encouraged to try a cardio machine (NuStep, elliptical, stationary bike, or treadmill) every weekday with a goal of adding a minute on to their routine every day. For instance, on the 1st, the challenge would be to use any one of the cardio machines for at least 1 minute. Tuesday would be 2 minutes, etc. until they reach 28 minutes by the end of the month. All are welcome to participate!

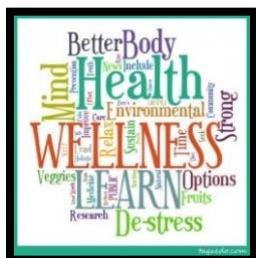


HEALTH AND WELLNESS



Mindfulness Meditation, Thursdays, 12:30 PM, Duxbury Room

Paul Cheevers, co-founder of and teacher at the South Shore Insight Meditation Center, leads the mindfulness meditation class. The aim is to explore mindfulness and the practice of awareness here and now in our daily lives, with respect for the body, heart and mind.



Thursday, February 23, 1:00 PM – 3:00 PM, Annual Health and Wellness Open House “Heart Health Month” 3rd Floor

Celebrate Heart Health Month with Health and Wellness Services. Blood pressure readings, raffles and heart healthy activities will be demonstrated. Drop in between 1:00 – 3:00 PM. Raffles, tours, prizes, and refreshments. **All are welcome.**

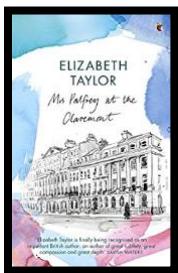


Monday, February 27, 10:00 AM – 12:00 PM, Hearing Healthcare, Duxbury Room

Lauren Warburton, Hearing Instrument Specialist, will be here for the hearing clinic from 10:00AM – 12:00 PM. **Please call 508-250-9324 to schedule an appointment.**

JUST FOR FUN

Monday, Library Read-Aloud Hour, 4:00 PM, Library “Mrs. Palfrey at the Claremont” by Elizabeth Taylor, continues



Laura Palfrey, recently widowed, can just about afford to spend her remaining days in a shabbily genteel hotel in London, where she struggles to look on the bright side before forming an unlikely friendship with a down-at-heels young man. Written by Elizabeth Taylor, an underrated British novelist of great subtlety and compassion, the story of the hotel and its colorful cast of characters is a sharp and witty portrait of the frailties of age and the perilousness of youth in postwar English Life.



Love Stories on the Big Screen during the month of February, Wednesdays at 1:30 PM, Meeting Room



Wednesday, February 1, **An Affair to Remember**
Wednesday, February 8, **Maid in Manhattan**
Wednesday, February 15, **The Proposal**
Wednesday, February 22, **My Fair Lady**



Wednesday, February 1, 10:00 AM, Notecard Craft with Stacy Olson, Art Studio

In this workshop you will make greeting cards with choices of Valentine's and/or Everyday Sentiments. A variety of tools (punches, stamps, inks, stencils, ribbon, etc) will be supplied. Choose from an assortment of decorative papers to make your cards one of a kind! Nothing says *I Love You* more than a homemade card! **No charge but sign up is required on the February Reservation Form.**



Thursday, February 2, 11:00 AM and Thursday, February 16, 11:00 AM, Drama Club Meeting, Meeting Room

All are welcome to join the Drama Club. We will begin rehearsal for our Spring production.

Friday, February 10, "Love" Photo Exhibit, Main Lobby

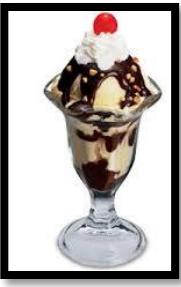


In celebration of Valentine's Day, we are putting together a photo exhibit to honor "Love". Do you have a favorite photo of you and a loved one you would like to share with us? It could be a wedding picture, honeymoon picture, funny picture or just a picture of you and a special person in your life. If you are interested, please see a member in Resident Services. We can take any small photo and enlarge it to full size for all to enjoy. Please submit your photo by Friday, February 4th. Our exhibit will be on display in our lobby beginning Friday, February 10th.

Wednesday, February 15, 10:00 AM, Embellished Wood Block Workshop, Art Studio



Join local artist, Joan Sullivan, for this decoupage workshop. Joan will supply the wooden block and embellishments to create your one-of-a-kind masterpiece! **No charge. Please sign up on the February Reservation Form if you would like to participate.**



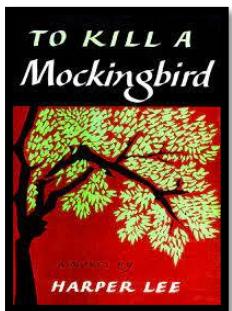
Thursday, February 16, 2:00 PM, Ice Cream Social, Meeting Room

It has been said that life is like ice cream, enjoy it before it melts. In keeping with that wise saying, the Resident Services Department is inviting all residents to an Ice Cream Social. We will be making ice cream sundaes with your favorite ice cream flavors, toppings, and more! Come and enjoy!



Monday, February 20, 2:00 PM, Team Trivia, Meeting Room

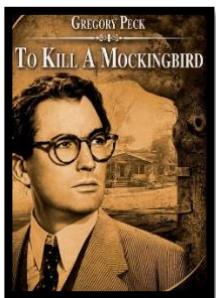
This popular game has become a rival between residents of The Village! Come and cheer on the teams. To be a member of these teams, you must sign up on the February Reservation Form or just come and be a part of our audience cheering section. **Please sign up on the February Reservation Form if you wish to participate on a team.**



Thursday, February 23, 3:00 PM, Book Club "To Kill A Mockingbird" by Harper Lee, Library

To Kill a Mockingbird is a novel by the American author Harper Lee. It was published in 1960 and was instantly successful. In the United States, it is widely read in high schools and middle schools. To Kill a Mockingbird has become a classic of modern American literature, winning the Pulitzer Prize. Refreshments served. All are welcome!

FRIDAY, FEBRUARY 24, AT 2:00 PM, "TO KILL A MOCKINGBIRD", MR



Southern comforts abound in this big-screen adaptation of Harper Lee's novel as lawyer Atticus Finch defends an innocent black man against rape charges but ends up in a maelstrom of hate and prejudice. Meanwhile, with help from a friend, Finch's children, Jem and Scout, set their sights on making contact with a reclusive neighbor (Robert Duvall). Cast: Gregory Peck, Mary Badham, and Phillip Alford. 1962 NR 2h 10m

LECTURES AND COURSES

Every week, Monday through Friday in the Club Room at 10:00 AM, video lectures and courses are available for your enjoyment and instruction. Each day of the week focuses on a different topic.

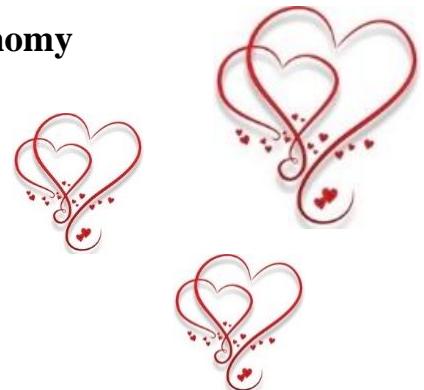
Monday: Wondrium: Great Heroes and Discoveries of Astronomy

Tuesday: Wondrium: The Cathedral

Wednesday: Wondrium: Thirty Greatest Orchestral Works

Thursday: Wondrium: The Great Revolutions of History

Friday: Wondrium: The Great Tours of Iceland





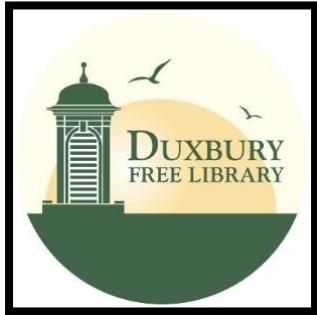
Open Sessions For Your Mobile Device with Monique

Wednesday, February 8, 11:00 AM, Lounge

Friday, February 17, 1:30 PM, Lounge

Wednesday, February 22, 11:00 AM, Lounge

Monday, February 27, 1:30 PM, Lounge



Tuesday, February 21, 1:00 PM, “Book Lovers: Librarians Talk Books” with Duxbury Free Library, Library

Join librarians Sam Correia, Reference and Community Engagement Librarian and Library Associate, Kimberly Glattstein, from the Duxbury Free Library for a discussion on books and reading recommendations. To celebrate Valentine's Day and Black History Month, they will be recommending some romance books, as well as some books by Black authors. They will also be discussing new releases and some of their favorite books of the New Year. All are welcome!

Thursday, February 9, 1:00 PM, Erika Reitshamer “*Cavalleria Rusticana*” Club Room

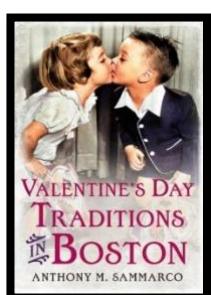


An introduction to gritty, real-life storytelling called Verismo

with Pietro Mascagni’s one-act opera

In a village in 19th century rural Sicily on Easter Morning, four people are caught in a web of adultery, jealousy and revenge. Crude, lascivious behavior offers opportunities for the combination of sin and sanctity. Cast: Liudmyla Monastyrskaya, Jonas Kaufmann, Ambrogio Maestri, Annalisa Stroppa, Stefania Toczyska.

Monday, February 13, 3:30 PM, “The Valentine’s Day Traditions”, MR



Please join Author Anthony Sammarco as he discusses Valentine's Day Traditions. He will give us an overview of the history of St. Valentine's Day from Lupercalia, an ancient Roman festival celebrated on February 16 to ensure fertility for the people, fields, and flocks, to the annual exchange of cards, candy, and flowers that we enjoy today. He will also introduce us to Esther Howland who began producing Valentine's Day Cards which were the precursor of our modern greeting cards. Mr. Sammarco is an entertaining author you won't want to miss!

Thursday, February 23, 10:00 AM – 12:00 PM, Senior Safety Identification Cards with the Sheriff's Department, Dining Room Lobby

The Plymouth County Sheriff's Office will be offering free Senior Safety Identification Cards. These are a great form of secondary identification for those who no longer drive or when going for walks etc when you may not carry a wallet or bag. The card contains your name, address and photo.

Please stop by during the hours of 10:00 AM to 12:00 PM to get your card.



WELCOME TO THE VILLAGE LIBRARY!

The library is open all day seven days a week and is staffed on Thursdays and Fridays from 1:30 to 3 PM. All new books are on the sofa table. Fiction, Nonfiction, Resident Authors, and Large Print (Fiction and Mystery) are shelved in the main room. The shelves to the left of the newspapers hold Mysteries, Biographies, Classics, Poetry, Short Stories, Audio Books, and Movies.



You may sign out books, audio books, and DVDs yourself.

You may also put holds on books that are currently checked out.

Instructions are posted in the Library and in the VAD Library Policies tab in the Library Catalog on Touchtown.

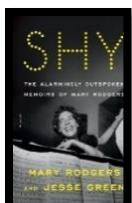
There are two ways to consult the computerized Library Catalogue. In your Touchtown account on your computer, click on the Library module. Or, in your computer's browser (Safari, Firefox, Chrome, etc.), type *vad.phoebe.opalsinfo.net* into the address field. Feel free to post comments in OPALS (or on the comment sheet on the inside of the book's back cover) about books you have read. Please remember to sign your name.

A new Book Selection Form has been created by Roger Tancrell and Ellen Salisbury-Ragucci and can be used in two ways. **On paper:** Blank forms (pink paper) are available on top of the card catalog. The completed form should be placed on the librarian's desk in the designated folder. Ellen Salisbury-Ragucci will transcribe your text into the library's computer.

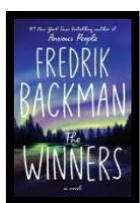
On a computer: To get a blank form, go to Touchtown. Click the LIBRARY module. Click under the heading "Form for Book Suggestion" and open it. Type directly onto the form. **When finished, be sure to click the green SUBMIT button at bottom of page.** Completed forms will be sent to Ellen Salisbury-Ragucci. All submissions will be reviewed by the Book Selection Committee."

PLEASE NOTE: The library is unable to accept book donations.

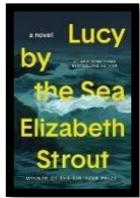
GOOD READS



RODGERS, MARY. *Shy. The Alarmingly Outspoken Memoirs of Mary Rodgers.* This is a memoir written in collaboration with NYT theater critic Jesse Green. Wife, mother, reluctant daughter of Richard Rodgers, a playwright herself, she was the toast of Broadway in her day. NYTIMES: "... intimate, sardonic, confessional, comic. The book is pure pleasure - except when it's jaw-droppingly shocking."



BACKMAN, FREDRIK. *THE WINNERS* returns to the close-knit community of Beartown for a story about first loves, second chances and last goodbyes. A breathtaking new novel by the best-selling author of *A Man Called Ove*.



STOUT, ELIZABETH. *Lucy By the Sea.* Wonderful to see Lucy and William together again; touches on recent US history and Covid pandemic. BOSTON GLOBE: "The title's buoyant coziness is belied by the book's unflinching account of Lucy Barton's life during the Covid 19 pandemic. Perhaps the best of the four marvelous novels Strout has written featuring Barton."

MOVIES

Monday at the Movies 2:00 PM & 7:00 PM, Club Room

This month we will feature Collin Firth Movies



The King's Speech

In this biographical drama that garnered multiple Academy Awards, Britain's King George VI struggles with an embarrassing stutter until he seeks help from unorthodox Australian speech therapist Lionel Logue. 2010 R 1h 59m



A Single Man

Set in 1962 Los Angeles, this stream-of-consciousness drama centers on a day in the life of George Falconer, a gay college professor who plans to commit suicide in the wake of his longtime lover's recent death. 2009 R 1h 39m



Genius

Featuring a stellar cast, this absorbing biopic focuses on the long and complicated relationship between Max Perkins, famed literary editor at Scribner's publishing house, and acclaimed writer Thomas Wolfe. 2016 PG-13 1h 44m

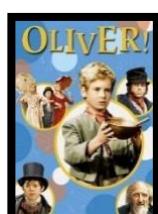


1917

At the height of the First World War, two young British soldiers, Schofield and Blake are given a seemingly impossible mission. In a race against time, they must cross enemy territory and deliver a message that will stop a deadly attack on hundreds of soldiers—Blake's own brother among them. 2019 R 1h 59m

WEDNESDAY NIGHT MUSICALS!

Wednesdays at 7:30 PM, Club Room



Oliver!

Director Carol Reed's lively musical adaptation of Charles Dickens's classic tale stars Mark Lester as the titular orphan who escapes the workhouse and is taken under the wing of wily pickpocket Fagin (Ron Moody). 1968 G 2h 34m



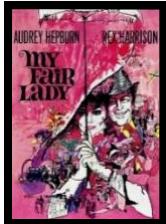
Swing Time

In this classic musical, Fred Astaire plays Lucky, a gambler who misses his wedding to a young socialite and must come up with \$25,000 for another chance with her. But after meeting lovely dance instructor Penny (Ginger Rogers), he forgets about his old flame. Often cited as the best of the 10 Astaire and Rogers movies, *Time Magazine* named it one of its All-Time 100 Movies. Songs include "The Way You Look Tonight." 1936 NR 1h 44m



The Greatest Showman

Behind "The Greatest Show on Earth" was one of history's greatest showmen, P.T. Barnum. This musical biopic centers on Barnum's creation of the three-ring circus and his infatuation with Swedish songbird Jenny Lind. 2017 PG 1h 45m

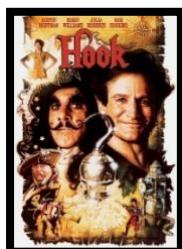


My Fair Lady

In this classic cinematic version of the Broadway smash, Audrey Hepburn is at her most radiant as Eliza Doolittle, the Cockney flower girl transformed into a poised duchess by Professor Henry Higgins (Rex Harrison, reprising his Broadway role). The restored and remastered special edition includes an audio commentary with crew members and Doolittle's singing voice, Marni Nixon. The film won eight Academy Awards, including Best Picture. 1964 G 2h 52m

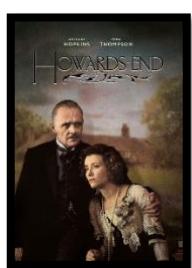
WEEKEND MOVIES

Fridays at 1:30 PM, Saturdays at 2:00 and 8:00 PM, Club Room & Sundays at 2:00 PM, Club Room



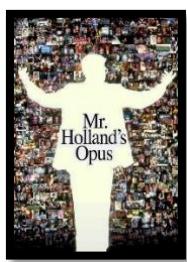
Hook

Peter Pan grows up to become a soulless corporate lawyer whose workaholism could cost him his wife and kids. But when his kids are kidnapped by a vengeful Capt. Hook, Peter is forced to return to Neverland, where he gets a chance at redemption. 1991 PG 2h 22m



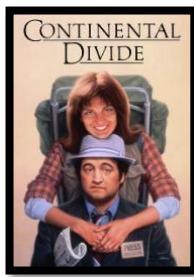
Howards End

Ruth Wilcox's deathbed wish forever changes relations between her well-heeled family and bourgeois Schlegel sisters, Margaret and Helen, when Ruth bequeaths her manor -- Howards End -- to Margaret. Ruth's husband, Henry, acting in his family's "best interest," burns the coda to her will. But as lonely Henry falls for Margaret, providence dictates that he pays for his duplicity. 1992 PG 2h 22m



Mr. Holland's Opus

In 1965, passionate musician Glenn Holland (Richard Dreyfuss) takes a day job as a high school music teacher, convinced it's just a small obstacle on the road to his true calling: writing a historic opus. As the decades roll by with the composition unwritten but generations of students inspired through his teaching, Holland must redefine his life's purpose. Dreyfuss earned an Oscar nomination for his outstanding work in this emotional drama. 1995 PG 2h 23m



Continental Divide

Gruff Chicago newspaperman Ernie Souchak (John Belushi) is a guy who thinks communing with nature means sitting on a bench in Lincoln Park. Nell Porter (Blair Brown) is an ornithologist who's spent most of her life alone in the mountains studying birds. It's a case of the birds and the bees when a reluctant Souchak is sent to the Rocky Mountains to do a story on the reclusive bird head. 1981 PG 1h 43m

MUSIC



Sundays, 5:00 to 7:00 PM, Piano Bar and Buffet Dinner, MR

This way to end the weekend is a big crowd pleaser. Join your Village neighbors for drinks and buffet menu. Capture the energy and fun of a real piano bar. All are welcome.

PLEASE NOTE: THERE IS NO PIANO BAR ON FEBRUARY 12TH



Thursday, February 2, 3:00 PM, Amanda Carr and John Foster Duo, Meeting Room

Amanda Carr is a multi-styled vocalist who began early in her teens in the rock and pop genre, but has in recent years focused on fresh interpretations of the Great American Songbook. She has been a guest vocalist with Keith Lockhart and The Boston Pops, The Artie Shaw Orchestra, Harry James Band, and the Glenn Miller Orchestra, among many other guest vocal appearances. As a vocalist, Amanda is an international recording and performing artist.

Amanda Carr and John Foster will perform "Something Old, New, Borrowed and Blue"!

Friday, February 10, 3:00 PM, International String Trio in Concert, Meeting Room

The International String Trio (IST) is a group of exceptionally talented musicians hailing from

Russia, Japan and England, all alumni of Berklee College of Music. The group prides itself on its stylistic diversity, delivering Gypsy jazz, acoustic world folk music, virtuosic classical arrangements and popular movie and show tunes. Performing up to 120 events a year, including festivals, concert halls, jazz clubs, schools and universities, the IST has the experience and flexibility to perform at a variety of venues, thanks to its small size. Their shows are enormously entertaining, as the Trio strives to provide energetic yet intimate performances.





Tuesday, February 14, 2:00 PM, Valentine's Harpist Concert & Dessert, Meeting Room

Join the Resident Services staff for a celebration of friendship, a glass of champagne, a decadent dessert, and the melodious music from the Gilded Harpist of Boston. Grace and charming music will make this Valentine's Day special. **No charge but sign-up is required on the February Reservation Form.**

Tuesday, February 21, 3:00 PM, Mardi Gras Concert with Anthony Geraci Trio, MR



Anthony R. Geraci is an American blues and jazz pianist, organist, singer and composer. Geraci has played on stage with Muddy Waters, B.B. King, Otis Rush, Chuck Berry, Big Mama Thornton, Big Joe Turner, and Jimmy Rogers, and has recorded work with Big Walter Horton, Ronnie Earl, Big Jack Johnson, Zora Young, Sugaray Rayford, Debbie Davies, and Kenny Neal among others. Anthony's work has been nominated for a Grammy Award and he has had numerous Blues Music Award nominations. In addition to his work with others, Geraci has released eight albums in his own name.

Today, Anthony brings his musicians for an upbeat, energetic concert!

Tuesday, February 28, 2:00 PM, “Name Those Love Tunes and...Sing Them Too!!” with Jack Craig, Meeting Room



Enjoy some musical fun as Jack leads the group in playing his version of the ‘Name That Tune’ television game. The game will include an assortment of 20 different “Love” songs to be named.

But - then comes the best part of the program - when you get to sing all of the songs that were included in the game and hear some interesting anecdotal information about them!

SPIRITUALITY

**Ecumenical Service with Pastor Seth
Thursdays, 9:30 AM and 11:00 AM, Duxbury Room**

Catholic Communion Service

Sundays at 10:30 AM, Duxbury Room

Sunday Scripture reading followed by distribution of Holy Communion. All are welcome.



VILLAGE BUSINESS



Tuesday, February 7, 3:30 PM, Residents Association Meeting, MR

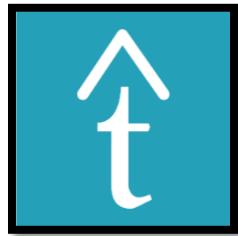
Residents are invited to join the officers of the Residents Association Council for the monthly meeting. This is your opportunity to hear reports from the committees of the Association and is also the forum in which new residents of the community are introduced. Please note: All residents are members of the Residents Association.



Friday, February 17, 10:00 AM, Coffee with Luke, Meeting Room

Gather with your neighbors for beverages and pastry. Executive Director Luke Kramer gives an update on how things are going at The Village from a business perspective. He also talks about what's coming up and answers questions from residents.

Resident Biographies



"Getting to know you, getting to know all about you".....Yes, we want to know more about all of our residents. To this end, we ask you to write your Bio in TouchTown. To help you, Rochelle Kruger has offered to assist residents with this and will be happy to meet with you. You may find there are others living here from your hometown. This happened to Rochelle who moved here with Mal in 2014 from Westwood, MA. So, contact her - she is waiting to hear from you.

A NOTE FROM THE SUSTAINABLE VILLAGE COMMITTEE



Tip #1. Do you still go shopping occasionally for groceries, or have someone go for you? Then please consider using reusable, washable produce bags instead of the store's plastic ones. This small step will further reduce plastic that isn't recycled ending up in our water over time as it breaks down. **Tip #2:** Please separate your trash into 3 small bags: garbage, waste, paper and recycleable

items. The trash room signs tell you where to dispose of each item. Garbage goes into the black-lined barrels, recyclable items into the clear-lined barrels. Thank you for caring! These small measures of help decrease your carbon footprint on our lovely, blue planet. Thank you for caring!

VISUAL ARTS



Thursdays, 9:30 AM in the Art Studio

Professional artist and Duxbury Art Association instructor Mary LoPiccolo guides you to completion of a small watercolor painting while teaching various techniques.

Please sign up on the February Reservation Form. \$20.00 for art materials will be charged to your VAD account.



WEEKLY HAPPENINGS

MONDAYS

Men's Chorus Practice, 9:00 AM, Lounge

Lecture Series, 10:00 AM, Club Room

Please refer to your weekly calendar to find out the lecture series.

Canasta, 1:00 PM, Dining Room

Read-Aloud, 4:00 PM, Library

This activity, led by residents Marguerite Lentz and Chris McShane, continues a time-honored Village tradition.

TUESDAYS

Lecture Series, 10:00 AM, Club Room

Please refer to your weekly calendar to find out the lecture series.

Village Voices, 11:00 AM, Meeting Room (Beginning February 21st)

All are welcome. Just show up!

Bridge Club Members Meeting, 1:00 PM, Art Studio

No sign-up needed; all registered club members are welcome. Come and have fun!

WEDNESDAYS

Lecture Series, 10:00 AM, Club Room

Please refer to the weekly calendar for current lectures.

Writing Creative Non-fiction, 11:00 AM, Club Room

Work on your nonfiction writing skills in the company of others who enjoy doing the same.

Poker, 12:30 PM, Rita Welch Room

Hold onto your wallet! This is a friendly game, but these Villagers do play for cash. Feel free to stop in. This is a very hospitable group and they'll find you a seat. Beginners are welcome.

Knitting Circle, 1:00 PM, Club Room

This convivial group of knitters gathers weekly to share patterns and work on their latest personal knitted creations. All are welcome.

Mah Jongg, 2:00 PM, Fitness Juice Bar

All are welcome to play the American version of Mah Jongg!

The Benzaquin Hour, 4:00 PM, Club Room

An invention of former Village resident and famous New England broadcaster and writer, Paul Benzaquin, the Benzaquin Hour is the Village's weekly discussion group. Generally speaking, a resident facilitator will choose topics to discuss, which typically relate to the news of the day. No topic is off the table and this is a forum in which people can feel free to express their point of view - whether that is liberal, conservative, or anything in between. For more information, please talk to Grace Benzaquin.

THURSDAYS

Lecture Series, 10:00 AM, Club Room

Please refer to the weekly calendar for current lectures.

Mindfulness Meditation, 12:30 PM, Duxbury Room

This class is about quieting the mind, focusing on the present moment, and accepting thoughts, emotions, and sensations that come and go, without judging or dwelling on them. This practice, over time, can make life more relaxing, joyful, and satisfying. Try it! All are welcome.

Poker, 12:30 PM, Rita Welch Room

Hold onto your wallet! This is a friendly game, but these Villagers do play for cash. Feel free to stop in. This is a very hospitable group and they'll find you a seat. Beginners are welcome.

Darts, 4:00 PM, Art Studio

Enjoy an original board and traditional darts. All are welcome to join in the fun.

FRIDAYS

Lecture Series, 10:00 AM, Club Room

Please refer to the weekly calendar for current lectures.

Women's Poker, 12:30 PM, RWR

Women's Poker has resumed! Come and join in on the fun.

Friday Afternoon at the Movies, 1:30PM, Club Room

SATURDAYS

Badminton, 2:00 PM, Fitness Center

Weekend Movie, 2:00 and 8:00 PM, Club Room

SUNDAYS

Weekend Movie 2:00 PM, Club Room

Piano Bar 5:00 PM



FEATURED TRIPS

Please sign up on the December Reservation Form

**Company Theatre
Sunday, February 5
Departs 2:15 PM
(escorted)**



Company Theater Presents "Phantom of the Opera"

Phantom, a thrilling night of spectacle, romance, and unforgettable music touches the heart and soul. This Tony Award Winning Best Musical by Andrew Lloyd Webber is the longest-running show in Broadway history. The Paris Opera house has never been the same after being haunted by The Phantom. \$45.00 includes ticket and transportation charged to your VAD account.
Waitlist Only ☺

Cape Symphony
Sunday, February 12
Departs 1:30 PM
(escorted)



Cape Symphony Presents "The Roaring '20s"

"The Roaring '20s" captures the glitz and glamour of a time when new forms of entertainment appeared, and the music of the past evolved into something new. Join us for this extraordinary, high-energy variety show!

\$85.00 includes ticket, transportation, and refreshments on the ride home. ☺☺ Waitlist Only.

SHORT TRIPS

Limited to 11 residents: sign up in the Resident Services Activities Binder in the RWR

Square Cafe, Hanover
Friday, February 3
Departs 11:30 AM
(escorted)

Lunch at Square Cafe, Hanover

In 2001, Square Cafe opened its bistro located in the heart of Hingham Square. Their new location, Square Cafe Hanover, opened in August 2022 and boasts a larger bar, patio and chef's table offering delicious cuisine. **Lunch charged separately to your VAD account. ☺☺**

Shopping at Marshalls and HomeGoods
Tuesday, February 7
Departs 10:00 AM
(escorted)

Shopping at Marshalls & HomeGoods, Marshfield

Get a jump start on your spring shopping. Marshalls and Home Goods offers brand-name clothing, accessories, shoes & housewares at discounted prices. ☺☺

Lunch at Ocho Cafe and Shopping at The Paper Store
Wednesday, February 15
Departs 11:30 AM
(escorted)

Lunch at Ocho Cafe and Shopping at The Paper Store

Ocho Cafe is an authentic Mexican restaurant serving homemade contemporary food. After lunch we will make our way over to The Paper Store for some shopping. **Lunch charged separately to your VAD account. ☺☺**

Shopping at Trader Joe's
Friday, February 24
Departs 10:00 AM
(escorted)

Shopping at Trader Joe's, Hanover

Step inside and you'll find unconventional and interesting products in the Trader Joe's label like Mandarin Orange Chicken and Cold Brew Coffee Concentrate, as well as everyday basics like milk, eggs, and fresh produce. They are a good source for great cheese and offer a vibrant selection of fresh flowers. ☺☺

Shopping at Macy's
Tuesday, February 28
Departs 10:00 AM
(escorted)

Shopping at Macy's, Hanover

We have had many requests for a trip to Macy's Department store so here it is! Macy's carries a variety of clothing, jewelry, shoes, bedding and home décor. ☺☺