



The Village at Duxbury

SPRING/SUMMER 2022

THE NAVIGATOR

THE SOUTH SHORE'S BEST KEPT SECRET FOR AN INVIGORATING LIFESTYLE.

Summertime
is coming

and the livin' is easy every
season at The Village



Inside: An Update from Harriet Voyt,
Amanda Carr's Tribute to George Gershwin, Spring Cleaning Event



Get to Know The Village



A GREAT PLACE TO LIVE WITH EASY ACCESS TO A CONTINUUM OF CARE

The Village at Duxbury offers a full array of living options and services designed to maximize your freedom and independence.

Apartment Homes

Our main building offers a choice of more than twenty different floor plans, all beautifully refurbished and fully-applianced. Great amenities are just steps away, including a heated indoor swimming pool, state-of-the-art fitness center, three dining venues, general store, bank branch, art studio, walking paths, and a greenhouse. Your predictable monthly fee includes 24-hour security, maintenance, local transportation, emergency response, and an impressive variety of health, fitness, educational, cultural, and entertaining programming.

Call Sales Manager Harriet Voyt at 888-336-1349 for more information.

Fast Facts About The Village at Duxbury

- Choice of elegant Garden Homes, gracious 2-bedroom apartment homes, and spacious 1-bedroom apartment homes
- Resident-owned and governed by the Cooperative Corporation's Coop Corps Board of Directors
- Developed and managed by Welch Senior Living, a fourth-generation, family-run, locally owned business

Garden Homes

The Village is the South Shore's only continuing care retirement community offering a Garden Home option. Each Garden Home features more than 2,000 square feet of living space, with a modern, open floor plan, attached garage, and access to all of the amenities our apartment home residents enjoy.

Call Sales Manager Harriet Voyt at 888-336-1349 for more information.

Key Elements of The Village's Continuum of Care:

- Memory Care, Duxbury House at The Village, Contact: Mary Brennan, 781-298-0297
- Assisted Living, Allerton House, Contact: Mary Brennan, 914-339-2100
- Home Care, Village Home Services, Contact: Shelby Feid, LPN, 781-679-5051
- Rehabilitation and Long-term Care, Bay Path, Contact: Bethany O'Connor, 781-585-5561
- Primary Care, the practice located in The Village's on-site medical office building, is managed by ConcertoCare. Contact: Monica Mello, 781-582-1402

Try It, You'll Like It

LUNCH & LEARN EVENT



Intrigued by what you've heard about The Village? Come to one of our events. We invite you to learn a little bit about how The Village works from our sales manager and executive director. Sample our food, meet some of the people who live in the community, and see our beautiful apartments. Reservations are required.

Wednesday, June 8 • 11:30 AM

Wednesday, July 20 • 11:30 AM

Wednesday, August 17 • 11:30 AM

Space is limited, RSVP to 888-336-1349.





The Time is Now

SPRING CLEANING EVENT & APARTMENT AVAILABILITY

While the past few years have been tumultuous for the country, and even the world, The Village at Duxbury has been a sanctuary for the people who live and work here, as well as for our families. It is heartening to see daily reminders of how our community sticks together and perseveres.

There's an old saying that reads: "It isn't the mountain ahead that wears you out, it's the grain of sand in your shoe." Experience has taught me that the issues surrounding a move can act as those wearing grains of

sand. If this story sounds familiar, I invite you to attend our Spring Cleaning Event on June 4 to declutter with community support. (See back page for event information.)

If the timing for you to make your move is right, I have great news for you. I have some excellent residences available. Or, if you're simply planning for the future, I invite you to come for a visit and see all we have to offer here at The Village.

P.S. - Did you know that within The Village at Duxbury Independent Living Community, we have our own Allerton House Assisted Living residence? If you or a family member are having a difficult time managing the activities of daily living, call my colleague Mary Brennan at 914-339-2100 or email her at mbrennan@villageatduxbury.com to learn more about our current move-in specials at Allerton House Assisted Living at The Village at Duxbury!

Harriet Voyt
Harriet Voyt
Sales Manager

Call Sales Manager Harriet Voyt at 888-336-1349 to schedule an in-person visit today, or take a video tour at www.villageatduxburyvideotours.com.



Smooth Move

RIGHTSIZING PRESENTATION WITH COURTNEY NEWCOMB

Saturday, June 4 • 11:00 AM-11:30 AM

Join us for a moving presentation by Courtney Newcomb from Arrange South Shore. Courtney has moved dozens of times herself, and she has helped hundreds of others navigate the moving process. Come hear her tips on how to ensure a smooth move.



How Much Does it Cost to Live at The Village?

If you live in a house or a condo here on the South Shore, chances are we have an apartment or Garden Home that won't change your current monthly housing related expenses. At The Village, we value transparency and list our price ranges and monthly fees on our website. The most affordable way to live at The Village is to purchase one of our small, one-bedroom units. With share prices starting under \$200,000 and monthly fees (including meals and weekly housekeeping) around \$2,500, the cost of living at The Village is quite reachable for many Cape Cod and South Shore seniors.

PURCHASE A NEW RESIDENCE BEFORE SEPTEMBER 30, 2022 AND RECEIVE A \$1,000 JORDAN'S FURNITURE GIFT CERTIFICATE.*

Call 888-336-1349 for an appointment to tour our newly designed model apartments and see how spacious our living areas are when fully furnished.

**For apartments that are reserved after May 1 and close before September 30. Restrictions may apply. Call for details.*





Resident Spotlight

BRENDA BOLEYN & SUSAN KADAR

Brenda Boleyn and Susan Kadar will soon be celebrating ten years of residency at The Village. Active participants in the local community, Brenda and Susan have both served on The Village at Duxbury Board of Directors and several of its committees. They were drawn to our community from Cape Cod for our flexible dining program and our access to Duxbury's renowned barrier beach.

Brenda and Susan both enjoy cooking, so flexible dining was a must. They knew they'd be spending time away and didn't want to be locked into the kind of dining program most retirement communities mandate. Ironically, shortly after moving in, they signed up for a 10-meal plan at the urging of Sales Manager Harriet Voyt. Brenda and Susan enjoyed the camaraderie and food so much, they've stuck with it ever since!

Both women also heard the ocean's siren call, making our community's access to Duxbury Beach ideal. The famous barrier beach is a narrow, low-lying strip of beach and dunes roughly parallel to the coastline that is separated from the mainland by water. The environment of these strips is ever-changing due to erosion, overwash from storms, dune movement, and inlet formation and migration. The dynamic system of the barrier beach is a tremendous resource, providing recreation opportunities for beachgoers, anglers, and off-road vehicle users; storm and flood protection for mainland areas; and habitat for plants and wildlife, including numerous rare and endangered species.

The Village's flexibility and prime location were big selling points for Brenda and Susan, who, for many years, have spent part of March in Florida. They like being able to leave for a long stretch of time without having to worry about things going wrong with their home while they travel. And here at The Village, we always have them covered.



Drink in the Good Life

PLANTER'S PUNCH RECIPE

The Village bar doesn't typically pour a lot of rum, but we do have a couple of rum enthusiasts who drink the stuff all year round. One resident really enjoys a classic—planter's punch. With him in mind, we'll share our version of this summery treat, which substitutes simple syrup with honey and dark rum with Mount Gay. We think you'll like it.

Ingredients

1.5 ounces Mount Gay rum
1 teaspoon honey
3/4 ounce Rose's Lime juice
1 teaspoon grenadine
3 dashes Angostura bitters
1 splash club soda
Garnish: 2-3 mint sprigs

Technique

Muddle together the honey, lime juice, bitters, and fresh mint in a large tumbler or mason jar. Fill with ice and add the remaining ingredients. Stir and serve with fresh mint garnish.



Fun in the Sun

SUMMER SIPS & SOUNDS EVENT

Tuesday, June 7 • 3 PM-4 PM

Join us for soft drinks and sweet treats as The Amanda Carr trio pays musical tribute to The Gershwin Songbook. Our nod to "Porgy and Bess" on the cover is no mistake: it's "summertime, and the livin' is easy." And we've saved a few seats for visitors!

Space is limited and reservations are required, so please give us a call at 888-336-1349 if you'd like to stop by.





The Village at Duxbury

Life is better in a Village

The Village at Duxbury is managed by Welch Senior Living, the leader in senior housing and services on the South Shore. Serving South Shore Seniors and Families for over 70 Years.

888-336-1349

www.VillageAtDuxbury.com

290 Kingstown Way
Duxbury, MA 02332

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Spring Cleaning Event

RIGHTSIZING SEMINAR

Saturday, June 4 • 10:30 AM-12:00 PM

10:30 AM-11:00 AM

Shredding truck available! Bring those old documents that have piled up but are no longer needed, and watch them be cut to shreds by the experts. Space is limited.

11:00 AM-11:30 AM

Presentation by Courtney Newcomb from Arrange South Shore. Courtney's moved dozens of times and has helped hundreds navigate the moving process. Come hear her tips for a smooth move. Community tours will be available throughout the event.

Reservations are required, call 888-336-1349 to reserve your space ASAP!

